

[HOME \(/\)](#) > [NEWS \(/\)](#) > WHAT'S YOUR STORY ... IN SIX WORDS?



[\(/news/november-2016/what's-your-story-...-in-six-words/\)](/news/november-2016/what's-your-story-...-in-six-words/)

What's your story ... in six words?

01/11/2016 4:59:18 PM | 52 comments [\(/news/november-2016/what's-your-story-...-in-six-words/\)](/news/november-2016/what's-your-story-...-in-six-words/)

Submitted by Diane Wild, Senior Consultant, Communications and Public Affairs

You've likely seen the phrase "What I Do Matters" when we talk about the inspiring work of our staff, physicians and volunteers. Maybe you've heard of six word stories – a movement credited to Hemingway that packs a lot of meaning in a few words. Now we're asking you to combine both those concepts and tell us in six words what "What I Do Matters" means to you.

Our president and CEO Michael Marchbank launched the campaign with his own contribution:



Even our tagline is a six word story – check out our logo: *Better health. Best in health care.*

See the full collection of six word stories here (<http://thebeat.fraserhealth.ca/six-word-stories>) on The Beat website and look for more in the weeks to come. Soon you'll be seeing six word stories popping up everywhere -- your story could be used in presentations, screensavers, posters and on the web.

Submit your story

Your story can be told in text or with a video or image, but count those words: you get **six and only six** to share what “What I Do Matters” means to you. Email your six words to stories@fraserhealth.ca (<mailto:stories@fraserhealth.ca>) or leave a comment below. You can submit as many stories as you like.

Rate your favourite stories

The story with the highest rating by the end of the year will win six small tokens of our appreciation. (Did you know you can rate any article on The Beat website? Look to the right of the story's main image and click on the stars under Rate It.)

Comments

Frances Bergenstein

Take time -- listen to someone's story.

21/11/2016 8:59:55 AM

Marisa Shearing

helping parents helping children communicate

17/11/2016 1:10:59 PM

Jenny Misar

Advocating. Collaborating. Safe Medication System Transformation.

17/11/2016 10:35:13 AM

Leanna Davis

Health education is vital before surgery.

15/11/2016 4:59:44 PM

sazidha hussein

never give up in your beliefs

12/11/2016 10:08:07 PM

Ruby Karim

Others quit early. I continue looking.

12/11/2016 8:39:06 AM

Glo Hunt

I belong to a Family- FHA.

09/11/2016 10:59:45 AM

Marisa MacDonald (http://fhpulse/research_and_library/pages/default.aspx)

"Knowledge is power." Never stop learning!

08/11/2016 3:28:49 PM

Charly Ranu

Trust, Respect, Honesty, Integrity, Caring, Empathy

08/11/2016 10:04:11 AM

Cindy Kelly Medical Device Reprocessing

Behind the scenes, vital to surgery.

07/11/2016 4:10:49 PM

Surjeet Meelu

Exceptional Care without Exception in FHA

07/11/2016 3:47:55 PM

Neil Penalosa

Start small + think big = make a difference

07/11/2016 3:20:34 PM

Olga, HCN

East and West...

Home is Best!

07/11/2016 2:56:54 PM

Bonnie McGinnis, PCQO

Complaints are learning opportunities from patients.

07/11/2016 11:22:17 AM

Lynette Emery

Holistic nursing: honouring the patient's needs.

05/11/2016 9:43:35 PM

Anna-Maria

Trust your instincts, listen and repeat.

05/11/2016 6:06:47 PM

Anna-Maria

Caring moments energize spirits of gratitude.

05/11/2016 6:05:50 PM

Anna-Maria

Amazing things happen when people care.

05/11/2016 6:03:10 PM

Sharon Prindle-Collins

Breastfeeding: natural - like learning to walk

05/11/2016 3:32:54 PM

Laurie Tulip, Occupational Therapist

Help keep people in their homes.

05/11/2016 9:07:50 AM

Anita Dickson

Assisted Living is loving our seniors!

04/11/2016 6:25:40 PM

Aniat Wahl (<http://anita.wahl@fraserhealth.ca>)

Prioritizing daily what is most important

04/11/2016 5:37:55 PM

Heather Findlay, Executive Director, ERH, Tri-Cities Health Services

Providing exceptional care, promoting positive outcomes

04/11/2016 4:49:30 PM

Carol Digby

Respect, Listen, Advocate, Systems Navigation, Coach

04/11/2016 12:01:49 PM

Petrus Retief

Give chronic-pain patients their lives back.

04/11/2016 9:14:14 AM

Susan Nair (<http://thebeat.fraserhealth.ca/news/november-2016/what%e2%80%99s-your-story-%e2%80%a6-in-six-words.aspx>)

Compassion, Integrity, Service, Supportive, Values, Vision

04/11/2016 9:08:00 AM

Tammy Macdonald, Recruitment

Build relationships, Share expertise, Grow partnerships!

04/11/2016 8:44:42 AM

Pamela Wilson

Gratitude. Positivity. Supporting leadership and frontline.

04/11/2016 7:57:44 AM

Aileen Dinamling

We care the best we can.

04/11/2016 5:07:34 AM

Louella Makortoff, RRT

Breathe in, breathe out, great lungs

03/11/2016 5:09:38 PM

Suki Bath

Taking time to hear the story!

03/11/2016 2:47:40 PM

Susan Ellis

Remaining calm in uncertain times.

03/11/2016 2:23:35 PM

Christy Boyce, RRT Neonatal Resuscitation Instructor

Babies only get one first breath.

03/11/2016 2:21:59 PM

Heidi Beckerleg

Frontline nursing: I enjoy my clients!

03/11/2016 1:53:35 PM

Rebecca Direttore (<http://rebecca,direttore@fraserhealth.ca>)

What if it was my family?!

03/11/2016 1:39:40 PM

Brooke Scott

Your friendly local librarian. Evidence instantly!

03/11/2016 1:39:34 PM

Alison Alleyne

Informed, collaborative medication decisions. Healthy outcomes.

03/11/2016 1:33:11 PM

Pamela Wilson, Administrative Assistant, ERH

Be Positive. Be Effective. Be Focused.

03/11/2016 1:25:16 PM

Denise Penaloza

Dedication, collaboration, choice, safety, Women's Health

03/11/2016 1:16:47 PM

Miriam Verheyden

Have you made someone smile today?

03/11/2016 1:06:57 PM

Miriam Verheyden

Making a difference, smile after smile.

03/11/2016 1:05:59 PM

Deanna Tan

Health is a shared responsibility – collaboration.

03/11/2016 12:03:45 PM

Deanna Tan

Healthy individuals come from healthy communities.

03/11/2016 12:02:39 PM

Deanna Tan

Health where we live, work, play.

03/11/2016 11:57:07 AM

Kristy Burden

New Stepmom Slowly Learning The Ropes

03/11/2016 11:56:49 AM

Irene Harder

Participate in someone's life story.

03/11/2016 11:56:49 AM

Deanna Tan

Changing our Environment. Changing our Mindset.

03/11/2016 11:55:58 AM

Deanna Tan

Making Healthy Choices the Easy Choice

03/11/2016 11:54:55 AM

Svea Ogilvie

Lotus blossom,

Creating beauty,

From chaos.

03/11/2016 11:52:37 AM

Sandra Cyr

Helping client's remain independent at home!

03/11/2016 11:48:50 AM

Shalynn Smith

Best practice all of the time.

03/11/2016 11:47:29 AM

Carrie Gaudette

Tremendous Joy working at Fraser Health!

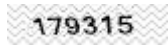
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[Hold the phone! Improved mobile device services are coming soon. \(/news/march-2018/hold-the-phone!-improved-mobile-device-services-ar/\)](/news/march-2018/hold-the-phone!-improved-mobile-device-services-ar/)

[Humans of Fraser Health: Patrick Leung \(/news/march-2018/humans-of-fraser-health-patrick-leung/\)](/news/march-2018/humans-of-fraser-health-patrick-leung/)

[High five your health care provider – March 23, 2018 \(/news/march-2018/high-five-your-health-care-provider---march-23,-20/\)](/news/march-2018/high-five-your-health-care-provider---march-23,-20/)

On March 31 our influenza control policy is no longer in effect (/news/march-2018/on-march-31-our-influenza-control-policy-is-no-lon/)

Post archive

March 2018(27) (/news/march-2018/)

February 2018(21) (/news/february-2018/)

January 2018(35) (/news/january-2018/)

December 2017(25) (/news/december-2017/)

November 2017(37) (/news/november-2017/)

October 2017(39) (/news/october-2017/)

September 2017(37) (/news/september-2017/)

August 2017(31) (/news/august-2017/)

July 2017(37) (/news/july-2017/)

June 2017(36) (/news/june-2017/)

May 2017(48) (/news/may-2017/)

April 2017(35) (/news/april-2017/)

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